

#026 // APR 2023
FREE



THE ESSENTIAL GUIDE TO PODCASTS

FEATURING **DR RANGAN CHATTERJEE** FROM **FEEL BETTER,**
LIVE MORE, RADIO 1'S **JAGUAR**, **HELEN LEDERER** AND A
VARIETY OF PODCAST REVIEWS AND RECOMMENDATIONS!

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EDITOR'S NOTE

Welcome to Issue #026 of Pod Bible and first off we'd like to say thank you for the lovely warm reaction to our last issue with cover stars **Jane Garvey** and **Fi Glover** from **Off Air!** We had a huge number of orders come in for the print version of the magazine and are delighted people have been enjoying it!

Onto this issue and we're delighted to welcome **Dr Rangan Chatterjee** as our brand new cover star. **Feel Better, Live More** has consistently been one of the most downloaded podcasts since we started the magazine so we were over the moon to speak to Rangan.

Add to that an interview with **Jaguar** from **Utopia Talks** and **Radio 1** as well as **Helen Lederer** picking her top 5 podcasts and we have yet another lineup of guests to be proud of.

In addition we have a brand new selection of reviews and recommendations, more info on **The Podcast Show** that's coming in May and much more besides.



As always please feel free to get in touch if you have a podcast you'd love to shout out or to find out how to advertise in a future issue!

For now though we hope you enjoy the mag and we'll see you with Issue #027 in June.

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“ALL OF US CAN FEEL BETTER THAN WE CURRENTLY DO”



SINCE 2018 **DR RANGAN CHATTERJEE** HAS BEEN USING PODCASTING AS A TOOL TO HELP PEOPLE. HIS PODCAST **FEEL BETTER, LIVE MORE** IS CONSISTENTLY AT THE TOP OF THE CHARTS WITH OVER THREE MILLION PEOPLE LISTENING OR WATCHING EACH MONTH. SO WHY DOES HE DO IT AND HOW HAS DOES HE KEEP MOTIVATED? WE SPOKE TO THE AWARD WINNING GP AND AUTHOR TO FIND OUT...

PB: TELL US ABOUT TOUR SHOW! WHAT WOULD BE YOUR PODCAST ELEVATOR PITCH?

Dr Rangan: My *Feel Better, Live More* podcast is about empowering every single listener to be the architect of their own health and happiness. Health is so much more than just our food choices and our exercise habits. It is about our relationships, our mindset, the way we approach conflict and the way we manage stress. The key message behind my show is that all of us can feel better than we currently do, and that is it not as hard as you might think. I think this is one of the reasons why my podcast has quickly become the most listened to Health & Wellbeing show in Europe with over 3 million listens & views each month. People feel inspired to take

action and improve their lives at the end of every episode.

WHAT WAS IT ABOUT THE PODCAST FORMAT THAT INITIALLY APPEALED TO YOU?

I honestly believe that people are tired of super short and overly edited content. I am convinced that people are suffering from an authenticity deficit all over the world and are



craving meaningful, authentic conversations to listen to. Long form podcasts are the modern-day campfire. As we live more lonely and isolated lives, I think long form podcasts provide a much needed antidote.

YOU STARTED YOUR SHOW IN 2018, WHAT'S THE SECRET TO ITS LONGEVITY?

The longevity comes because I enjoy every single conversation that I have on my show.. I choose my own guests. And I research my own guests entirely. Which means I am fully invested in the quality of every single conversation. That is one of the key reasons why the show has proved to be so popular with millions all over the world, but also the reason why I am able to continue releasing weekly episodes 5 years after starting.

WHAT TOP TIP WOULD YOU GIVE TO AN ASPIRING PODCAST HOST?

Just start. Don't wait for the perfect name or the perfect logo. I didn't even like my logo for the first 2 years of my show. People do not listen because of the name or the logo. They listen because of the content. Also, don't worry about being great from the get-go. Podcasting is a skill. You learn through doing it, not through thinking about doing it. Do it for long enough and you will get good at it.

“LONG FORM PODCASTS ARE THE MODERN- DAY CAMPFIRE”

**YOU'VE SPOKEN TO AN
INCREDIBLE VARIETY OF GUESTS.
WHAT ONE THING ARE YOU
LOOKING FOR WHEN CHOOSING
WHO TO COME ON?**

It is really simple. I choose guests who I am interested to talk to and who I think I can learn something from. If I am curious about my guest, my audience will feel that curiosity through the airwaves and they will become curious as well.

WHICH OF YOUR GUESTS HAVE HAD THE BIGGEST IMPACT ON YOU PERSONALLY?

Probably Edith Eger - she's incredible! She was taken to Auschwitz concentration camp when she was aged just 16. Her mindset is what allowed her to cope and survive, both inside and also outside after she was liberated. During that conversation on my podcast, she said something to me that I

have never ever forgotten. 'Dr. Chatterjee I have lived through Auschwitz and I can tell you this. The greatest prison you will ever live inside is the prison you create inside your own mind'.

FINALLY, WHICH PODCASTS ARE YOU ENJOYING AT THE MOMENT?

I am a huge fan of the art form of podcasting. I personally love to listen to long form conversations where you can really get to know a guest and go deep. One of my favourite podcasts to listen to is *The Rich Roll Podcast*.

 [drchatterjeeuk](https://twitter.com/drchatterjeeuk)

WHAT'S A PODCAST?!

A QUICK RUN DOWN ON WHAT A PODCAST ACTUALLY IS AND HOW YOU CAN START LISTENING!

A podcast is a digital audio file made available on the internet for downloading or streaming to a computer or an alternative device such as a phone. To be a little less clinical, it's essentially a radio show that you can listen to wherever and whenever you choose without being interrupted by regular weather bulletins or travel updates.

access to extra content for a small fee but 99% of podcasts are available for you to listen to on demand for nothing at all.

There are literally millions of hours of top quality content out there for you to explore - so what's stopping you?!

SO HOW DO I LISTEN?

If you're an iPhone user then the Apple Podcasts app should already be on your phone. The same applies for the Google Podcasts app on Android phones. Within these apps you can search for and follow shows so that the latest episodes will be downloaded to your phone without you having to seek them out.

If you have a Spotify account you can use it to listen to the majority of podcasts, including shows that are exclusive to the platform. The Audible app can be used to listen to Audible original podcasts. There are a number of other podcast apps available to download such as our personal recommendation, Pocket Casts.

If you're on a desktop computer then you can use the Spotify desktop application (which is also available in your browser) the Acast website or the Audible Cloud Player. Alternatively you can use iTunes or go direct to the website of the podcast you want to listen to.

Finally, you can use your home smart speakers as a way to listen too. Just ask them to play you a podcast and go from there!



Right now there are over 2.4 million different podcasts with over 66 million episodes in 100 different languages available to listen to. These range from highly produced shows recorded in professional studios by major broadcasters to rough and ready homemade shows recorded on a laptop in someone's bedroom. If you have a phone or a computer and an internet connection, you can make a podcast, making it one of the most democratic mediums around. Is it time to see what all the fuss is about?

HOW MUCH DO THEY COST?

Nothing! They're absolutely free which makes them one of the most accessible forms of entertainment around. Many of the larger podcasts will feature adverts and some offer

THE NEW TESTAMENT //

RECENT EPISODE HIGHLIGHTS



THE HOLY GRAIL //

IN ASSOCIATION WITH **audible** 

DON'T JUST TAKE OUR WORD FOR IT...

EACH ISSUE WE BRING YOU A ROUND-UP OF THE **AUDIBLE ORIGINAL PODCASTS** OUR MEMBERS ARE LOVING AND PRESS ARE BUZZING ABOUT TOO. WITHOUT FURTHER ADO HERE'S OUR MEMBERS ON THEIR FAVOURITE LISTENS...

JAGUAR



IN EVERY ISSUE WE ASK A PODCAST DISCIPLE FIVE QUESTIONS ABOUT THEIR LOVE OF PODCASTS AND PODCASTING. FOR THIS ISSUE WE'RE JOINED BY **JAGUAR**, BBC RADIO 1 DJ AND HOST OF **UTOPIA TALKS!**

WHY DO YOU LOVE PODCASTS?

I love the intimacy of podcasts. I come from a radio background, where you need to keep things concise, but I love how podcasts can go in depth and hone in on a subject or guest. There's so much freedom with podcasts, I feel like anything goes which is exciting as a listener and person who works in audio.

WHAT WAS THE FIRST POD YOU EVER LISTENED TO?

When I was at secondary school I would listen to the Chris Moyles podcast on iTunes! I probably wouldn't listen to it now but back then it was my introduction.

WHICH PODCASTER MAKES YOU LAUGH THE MOST?

The Beef and Dairy Network! My girlfriend introduced me to the weird and wacky world or spoof comedy a few years ago and I'm hooked. It's so different to what I'd normally choose to listen to (music or history podcasts), but it's genuinely hilarious. I never thought I'd be invested in a world of rich beef sausages and fizzy beef wine but here we are!

WHICH PODCAST HAS EDUCATED YOU THE MOST?

I love learning about history, especially ancient history. *Let's Talk About Myths, Baby!* is a fun and engaging listen exploring ancient mythology with host Liv Albert. Obviously things were very different back then, so it's extremely interesting to hear them re-told and dissected from a modern day perspective. Liv is hilarious and has such a refreshing way of talking about mythology.



**CAN YOU RECOMMEND A SHOW
OUR READERS MAY NOT HAVE
HEARD OF YET?**

I love *Birthday Girl's House Party*! Beattie, Camille and Rose have completely drawn me into their world. They're absolutely nuts and have me cackling every time. I feel like

we're friends haha. I also love *The Dolls Discuss* from Glaswegian hunnies TAAHLIAH & Lourdes. It's basically them having their hot takes on a things. Plenty of sass and giggles. God love them!

🐦 📷 jaguarworldwide

THE SCRIPTURES //

PODCASTS WITH BACK CATALOGUES THAT ARE ALL KILLER, NO FILLER

SOME PODS YOU DIP IN AND OUT OF, OTHERS YOU LISTEN TO RELIGIOUSLY. HERE'S OUR LATEST SELECTION OF PODCASTS THAT ARE WELL WORTH YOUR SUBSCRIPTION.

THE PODCAST SHOW 2023 //

THE GLOBAL PODCAST COMMUNITY IS GATHERING. THE COUNTDOWN IS ON.

3 DAY LIVE EVENT | LIVE PODCAST FESTIVAL | 15,000 PEOPLE
DAY & NIGHT | INTERNATIONAL PODCAST TRAILBLAZER
AWARD | EXCLUSIVE PREVIEW NIGHT | NETWORKING PARTIES
BIG NAMES IN PODCASTING | £65 DAY PASSES ON SALE

We are literally counting down the days until the doors open for the highly anticipated second edition of **The Podcast Show**.

The biggest international festival for the business of podcasting is back and will once again, by day, bring together thousands from the global podcast community under one roof at the **Business Design Centre, 24 - 25 May, Islington** - and as Media & Content Partner's of the Show, the Pod Bible team will be on stage and on the show floor ready to meet you!

Whether you're an independent podcast

creator, an established industry professional or brand, this one-of-its-kind event will inspire, power and support the future of the entire podcasting world.

The show has secured massive industry support with over 100 global brands on board from across the podcast industry with **Acast** and **Amazon Music** and **Wondery** as Headline Partners.

Brace yourselves and get ready to hit record because they'll also be presenting **350+ speakers**, all sharing their insights on the business of podcasting in **150+ sessions**.

Hear from some of the biggest industry players from across the world, plus award-winning creatives and podcasters.

Already confirmed in the lineup include: **Ashley Flowers**, New York Times Bestselling Author and host of the #1 true crime podcast *Crime Junkie*, as Keynote Speaker for Day 1 (Wed 24 May).

Plus, **Adam Buxton** (The Adam Buxton Podcast), **Emily Maitlis**, **Jon Sopel & Lewis**

Goodall (The News Agents), **Hala Taha** (Young & Profiting Podcast), **Nish Kumar** (Pod Save The UK), **Alice Levine** (Host & Presenter), **Fearne Cotton** (Happy Place), **Patricia Bright** (The Break Social), **Nick Grimshaw** (Dish from Waitrose Podcast), **Poppy Jay & Rubina Pabani** (Brown Girls Do It Too), **Raphael Rowe** (Second Chance) and many more.

For full details on all speakers and partners announced plus, much more visit thepodcastshowlondon.com



LOOKING FOR A PODCAST FAN FIX?

By night, **The Podcast Show LIVE** brings a week-long live podcast festival from **22 - 28 May**, celebrating world class talent and bringing your favourite voices to life in major venues across Islington.

Book your seats now to lineup which already includes: Chart-topping, award-winning **Kermode and Mayo's Take**, Northern Ireland's #1 podcast, **Tea With Me - with Shane Todd** and an exclusive event smashing the podcasting of two worlds together - **Tape Notes Live with Adam Buxton**.

Check out the lineup poster so far at thepodcastshowlondon.com with more to come.

On **Tuesday 23 May, 6 - 9pm**, The Podcast Show will open the festival with a **Preview Night** of the entire day time business event before the doors open to the general public the following day.

Hosted by **Broadcaster and Happy Place Founder, Fearne Cotton**, "In Conversation with..." some other special guests, look forward to an evening of complimentary drinks, music, networking and a first look at the show.

PLUS, you'll get the chance to see their inaugural **International Podcast Trailblazer Award**, recognising an individual who has made a global impact on the podcast industry.

Preview Night passes are strictly limited so don't delay, and must be booked alongside a Day or 2 Day Pass to the main business days.



BREAKING BREAD //

WITH  **Stak.**

P1 ON THE GRID



P1 WITH MATT AND TOMMY IS RACING INTO THE 2023 F1 SEASON

This F1 season, *P1 with Matt and Tommy* is the go - to podcast for all your track reactions, pre - race predictions and exclusive access into the world of Formula 1. Renowned F1 fans Matt and Tommy have joined the Stak network (makers of Football Ramble and Abroad in Japan) to bring you their biggest podcast yet, as they dive into every single race with the infectious enthusiasm of two Formula 1 fanatics.

Matt & Tommy are renowned in the F1 world, having formed an impressive following while working at Formula 1 outlet, WTF1. With over a million followers between them, they are now embarking on their new adventure of P1, and their fandom remains as strong as ever.

But this isn't purely a podcast Matt and Tommy are creating a new platform for the sport, bringing fans YouTube race reviews, live Twitch watch - alongs, and news bursts as and when they happen. You'll never miss an F1 moment again!

The reaction to P1 has been electric (...in a petrol - head kind of way). In its first month, P1 with Matt and Tommy amassed a following of half a million across the podcast's social channels and over 1 million podcast listeners already. This led to P1 climbing the podcasting

charts, and taking #1 spot in Apple and Spotify's top UK charts, showcasing its global podcasting reach.

"The thing I have always loved most is sharing the sport I love with other like minded fans, and this is not going to change with P1." explains Matt "Whether it's a podcast, a livestream, a YouTube video or a social media post, we'll be there every step of the way throughout the 2023 F1 seas on and beyond. I'm also really excited to work alongside Stak to take the P1 podcast to another level now the season is up and running!

To finish, we quickly asked Matt & Tommy for their pole positions in each of these topics, F1-related or otherwise!

P1...FORMULA 1 DRIVER (OF ALL TIME!)

Matt: Michael Schumacher. He will forever have a special place in my heart, perhaps I loved him so much when I was a kid purely because I was a glory supporter, who knows. He certainly cemented my love for Ferrari till the day I die!

Tommy: Fernando Alonso. I have supported lots of different drivers over the years watching F1 but I'm an Alonso fanboy now



🐦 stakpod 📷 stakpod

Stak produces podcasts that entertain and inform, including some of the UK's biggest and most popular shows - boasting a combined 4 million monthly listens and over 45 years of podcasting experience. Whether recording remotely or in our broadcast-grade London studio, we specialise in every stage of the podcasting process. To find out more or get in touch, visit our website at stak.london!

IT'S POPPING OFF!

POP OFF WITH LEWYS BALL IS BACK AND BETTER THAN EVER.

Pop Off with Lewys Ball is back with all the pop culture news you could dream of! But this time he's not alone. Joined by TikTokker and model, Isla Loba, they'll be injecting extra

flavour into the weekly rumours, trends and celebrity scandals. From DM slides to TikTok drama, nothing is off limits!

Lewys is a YouTuber, presenter and social media personality with over 700k in social followers, full of an infectious charisma loved by the GenZ generation. Previously, Lewys has tackled topics from Love Island reunions, to the end of the X-factor generation, all sprinkled with some very special guests. This season, Lewys & Isla have got even juicier content, for every pop culture moment.

We put Lewys and Isla in the hot seat to tell us what they think will be poppin' off in 2023...

HI GUYS! SO, WHAT ARE YOU EXCITED TO TALK ABOUT ON POP OFF THIS YEAR?

Lewys: Well well well! There is so much to get into. We've loved the red carpets of the year so far, the controversies and awkward encounters included.

Isla: As expected, there's also been some juicy Kardashian's antics this year so far and we're looking forward to unexpected discussion points like Ice Spice popping up on North West's TikTok out of nowhere.

WHAT ARE THE HOT POP CULTURE EVENTS YOU'RE LOOKING FORWARD TO?

L: We're covering everything you would talk about in your group chat.

L: Exactly, we'll be covering The Met Gala, Love Island, all the juicy Netflix shows... Nothing is off limits for us.

WHAT ARE YOUR 2023 TREND PREDICTIONS? FASHION? SOCIAL MEDIA? TIKTOK?

L: I really hope people are going to start developing their own styles and not feed into microtrends as much. I also would love to see people being more sustainable.

L: I'd like to see people being themselves. TikTok has made it so easy for people to be carbon copies, so let's bring back authenticity in 2023. And men in skirts.

WHAT SHOULD PEOPLE EXPECT FROM THIS NEW ERA OF POP OFF?

L: Becoming obsessed with entertainment news that you didn't know you cared about.

L: Lots of laughs and light relief. Escapism from the day to day, because it's much more fun living the drama vicariously. It's been amazing bringing Isla into the Pop Off universe.

AND FINALLY GIVE US YOUR FAVOURITE POP CULTURE MOMENT OF ALL TIME!

L: As a former Cheryl stan, anything she has

done. Highlights include the Fight For This Love music video, 'whenever you're ready' and when she went ghost hunting with the rest of Girls Aloud.

I'm a South London girl through and through so it has to be Charley Uchea on Big Brother.

Every Thursday, Pop Off is going to be the hottest place to be for all your reality TV hot scoops and social media storms.

Subscribe and listen to Pop Off, wherever you get your podcasts. lnk.to/popoffpodcast

THE HOME OF SCIENCE

EUREKA! IS THE PODCAST FOR ALL YOUR WORLDLY QUESTIONS!

Have you ever wondered if you could change your personality? Or maybe what's beyond the edge of the universe? Or even, will we ever really have self-driving cars? *Eureka!* is the science podcast that brings all these questions to the forefront of your mind, in the hope of getting slightly closer to an answer. Each week, hosts Rick Edwards and Dr Michael Brooks, delve into a variety of topics, whilst being guided by a world-leading expert. Whether you're a science-wizz or simply curious about the things around you, it is impossible to listen without learning something new.

Equipped with infectious chemistry, Rick and Michael bring a learned and light-hearted take on popular science. *Eureka!* brings a magnifying glass to the science all around us and makes it accessible. The pair investigate the science in topics like mathematics, sporting injuries, if swearing is good for you, and if our dreams actually mean something. All whilst injecting personality and debate into these influential questions.

Developed with finite research, *Eureka!* is a space for all those current floating thoughts

and questions to be resolved in one trusted podcast, with this year particularly circulating a lot of public conversation on the development of science and technology. Chat GPT being banned by schools, and with AI becoming a household gadget, the pair want to discuss what everyone has been wondering. 'Are chatbots sentient?', 'Can I improve my brain with technology?' and 'Is the metaverse going to be rubbish?'. This chase for the answers in a constantly updating world is never a dull moment - especially with Rick & Michael on the case.

From the makers of *Football Ramble*, and *Abroad in Japan*, *Eureka!* is the new generation of science that will keep you thinking! Rick & Michael have covered a whole series of current topics, including The World Cup of Science! - Who is the greatest scientist of all time? This year the pair cannot wait to take deeper dives into the topics that you care about.

With new episodes coming out every Wednesday, you do not want to miss your weekly dose of interesting questions

Subscribe and listen to the show, wherever you get your podcasts. lnk.to/eurekapod

NARROW PODCASTING



PODCASTING FOR BUSINESS OWNERS THAT ARE MORE INTERESTED IN GETTING CLIENTS THAN GETTING FAMOUS

It's estimated that there are now over 5 million podcasts, 70 million podcast episodes ... and 464.7 million podcast listeners across the world!

90% of podcasts have less than 2,900 downloads per month. You'd need 10,000 downloads per month to start making money.

And even then the average podcaster makes less than £1,000 per month through advertising and sponsorship.

That's the ugly truth about the 'podcasting business'.

Savvy businesspeople though, they are using the 'Narrow Podcasting' to make proper money from tiny audiences – sometimes an 'audience' of just one person.

Narrow Podcasting is now a best-selling book based on the unique approach to podcasting developed by Toby Goodman.

Toby developed the Narrow Podcasting method when he needed a better way to find clients for his own business as a professional musician and as he explains in his book, his business transformed within just a few episodes.

His secret – instead of using podcasting to get 'out there', he used podcasting to get 'in there' with just 3 very specific types of profitable guests.

Some of the savvy businesspeople that are now using Narrow Podcasting include a Lawyer, an Oncologist and even a former NASA Astronaut.

Narrow Podcasting could be the effective and efficient client getting solution that you've been searching for too.

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THE OLD TESTAMENT //

CLASSIC EPISODES FROM THE PODCAST ARCHIVES



PODCASTS WITH A SOCIAL CONSCIENCE



JASON REED FROM LEAP UK & THE **STOP AND SEARCH** PODCAST SPEAKS TO THE PEOPLE BEHIND PODCASTS FROM THE CHARITY AND CAUSES SECTOR

As a broadcaster, DJ, radio producer, Milly Chowles also uses her own lived-experience to create a beautifully insightful podcast - Back 2 Life:

I am in long term recovery from addiction and mental health challenges and rediscovered my creativity through DJing in sobriety which was an incredibly healing experience for me.

The *Back 2 Life* podcast is all about healing and creativity in the world of electronic music. I explore the myriad paths to recovery from mental health, addiction, trauma, burn out and how music can be a part of that process. I felt this issue was really urgent to address in dance music as very few people are talking about it. As someone who's open about my own recovery a lot of people naturally open up to me, I knew putting the conversations I was having in a podcast would be helpful. I guess I created the podcast that I needed - and wanted - for myself.

There are so many overlapping subjects, so what can we expect to hear in the podcast?

Having Eris Drew as my first guest was a dream come true. I've also spoken to incredible artists such as Bushwacka, Lauren Flax, Kiara Scuro and Cera Khin. We've covered neurodiversity, trauma, psychedelic therapy, 12 steps, meditation and much more. I was deeply moved by my recent conversation about Inner Child work with Lauren Flax. My interview with the comedian Lizzie Allen was very profound, we were both sectioned in the same psychiatric hospital, so to reconnect all these years later, both in recovery, was beautiful. She brought so much humour to a dark subject matter.

The podcast inherently has an emotive edge and audiences have flocked to the show, but what has Milly's personal journey been like?

The response has blown me away, it's travelled much further than I expected. Many people have been in touch to say they've loved the podcast and hearing these topics intertwined. Those messages have spurred me on, as making a DIY podcast is challenging! I know of at least one person who's been inspired to get sober after listening - which is the thing that I'm happiest about. Getting to connect with people on such an intimate and deep level is what I love most about the podcast. Making it has been incredibly healing for me.

With season 2 now released, will Milly be continuing with this much-needed conversation?

I have lots of ideas for *Back 2 Life*; I plan to do some outreach and workshops with people

in the community and am looking at how I can make the podcast more sustainable. As well as more podcasts I'm hoping to do more events, talks, festivals and music conventions. I've also started throwing parties - the first one was a huge success and felt like a real celebration, the next one is on May 17th 2023 at the Crofters in Bristol.

I'm so happy to see that people are welcoming these conversations and starting to look at how we as people in dance music can look after each other and ourselves better.

FOR THE LOVE OF POD //

HELEN LEDERER

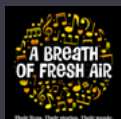
THE WRITER, COMEDIAN, ACTRESS AND
FOUNDER OF THE COMEDY WOMEN IN PRINT
PRIZE PICKS OUT HER TOP 5 SHOWS...



Helen Lederer is a writer, comedian and actress who set up the **Comedy Women in Print Prize** which highlights witty female writing. www.comedywomeninprint.co.uk

INDEPENDENT PODCASTS

WITH BIG BRANDS AND FAMOUS NAMES DOMINATING THE CHARTS, IT CAN BE TOUGH FOR INDIE SHOWS TO BREAK THROUGH. HERE AT POD BIBLE WE WANT TO ENSURE THAT WHILE CONTINUING TO CELEBRATE THE BIG GUNS, WE'RE ALSO CHAMPIONING THE INDIES. IN EACH ISSUE WE ASK INDIE PODCASTS TO GET IN TOUCH WITH A SHORT DESCRIPTION OF THEIR SHOW. HERE ARE OUR CURRENT FAVES...



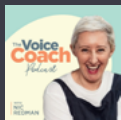
A BREATH OF FRESH AIR

A deep dive into the musical lives of some of the biggest stars of the '60s, '70s and '80s. Candid, honest and often humorous conversations with some of the artists who set the soundtrack to our lives. Find out what went on then and what each is up to today.



HIGHLY STRANGE

Join Lewis and Sarah as they tell each other tales ranging from the spooky, to the outright bizarre. From Aliens to Ghosts and everything in-between, *Highly Strange* is a show where two friends slowly lose their minds and alienate themselves from their loved ones. In a funny way, of course!



THE VOICE COACH PODCAST

Nic Redman, leading vocal coach, shares insights and knowledge on how to improve your speaking voice and vocal health, whether you are performing or presenting on stages, on microphone or presenting on camera. Vocal care impacts your performance, your vocal clarity and your presentation delivery.



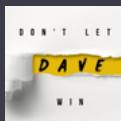
WHAT THE FLICK

The Posterboys™ are on a mission to guess what happens in movies they haven't seen based only on the poster. Rewriting classics of cinema with all the misplaced confidence of a film school dropout and a man who's favourite Batman is George Clooney, they're often inaccurate but always very funny.



NARRATIVES OF PURPOSE

Award nominated podcast hosted by TEDx speaker Claire Murigande, that brings you inspiring individual stories of changemakers. Claire discusses with ordinary people making extraordinary social impact in various areas, such as: youth empowerment, healthcare initiatives and sustainable business.



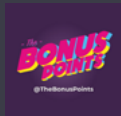
DON'T LET DAVE WIN

A podcast about opening up the conversation surrounding mental health within the arts industry. In each episode, Abbie Atkinson chats to a guest who works within the creative industry about their inner voice, how they combat it, and whether theirs has a name!



WOMEN WHO REBRAND

The ultimate destination for inspiring conversations and redefining stories. Join us as we explore various topics, such as careers, relationships, and health & wellness. Gain valuable insight from experienced professionals who have achieved success in their respective fields.



THE BONUS POINTS

Two lifelong friends are running a videogame 'book club' in the form of *The Bonus Points*, a bi-weekly podcast (audio and video) where they complete a game, discuss it with listeners and ultimately rank it on a single list. Plus no swearing, so you can listen in front of anyone!



LIVE, LAUGH, LARCENY

A genre-bending comedy podcast that parodies everything you know about the true crime genre. Unlike traditional true crime comedy that lightens the mood with banter around heavy subject matter, LLL takes funny dumb-criminal stories and tells them as overly dramatic short stories.



DUNGEONS & D*CKHEADS

Three clueless streamers start the journey to being elite D&D players whilst being babysat by a very patient pro DM. D&D for fans of beating every puzzle by just blowing stuff up and swearing at the rubble.



HI PODCAST WE'RE DADS

The podcast where two young dads (Aidan Matthews & Lewis Smith) discuss some of the realities of raising a kid in today's world discussing challenges, highlights, frustrations and hilarious moments that come with it, along with relatable nostalgic stories from their own childhood.



HISTORY OF THE GERMANS

The *History of the Germans* is the podcast that does exactly what it says on the tin - German history from the year 919 to 1990 in weekly 25-30 minute episodes. We start with the epic struggle between emperor and pope and will end with reunification.

GOT A PODCAST YOU'D LOVE TO SEE FEATURED IN THE NEXT ISSUE?
SEND US A ONE OR TWO SENTENCE DESCRIPTION ON TWITTER!

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THANKS FOR READING!

POD BIBLE WILL BE BACK WITH
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SPECIAL THANKS TO AUDIBLE, STAK, CALLUM STEWART, GIORGIA SMITH, AMY EVANS, CHARLIE MORGAN, HOLLY GREGORY, RONI MAYES, CARVER PR, CAROL WHIFFEN, TOM CLARKSON, SAMANTHA DOWNES & ALEXANDRA RICHARDSON

