

#029 // OCT 2023
FREE

POD BIBLE

THE ESSENTIAL GUIDE TO PODCASTS

FEATURING **NICK GRIMSHAW & ANGELA HARTNETT** FROM
DISH, THIS PARANORMAL LIFE, ANNA BOGUTSKAYA AND A
VARIETY OF PODCAST REVIEWS AND RECOMMENDATIONS!

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OASTHOUSE

THE *Alan Partridge*
PODCAST **SERIES 3**

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EDITOR'S NOTE

Welcome to Issue #029 of Pod Bible and may we firstly shout out our Digital Editor **Francesca Turauskis** for the great work she did guest editing our last issue! If you missed it, be sure to check it out on our website alongside our extensive back catalogue!

On to this issue, our penultimate magazine of 2023, and we are delighted to have **Angela Hartnett & Nick Grimshaw** from **Dish** as our cover stars! We also speak to **Rory Powers & Kit Grier** from **This Paranormal Life** before **Anna Bogutskaya** recommends her top 5 podcasts.

You'll also find regular columns from **Audible**, **Stak** and **talkSport** plus a new batch of recommendations to get your teeth into including the **Oh My Pod** section at the end of the magazine. We had the biggest ever response to our call out for independent podcasts so we recommend checking out our Twitter or Instagram if you'd like to scroll through all the other responses we received!



As always please feel free to get in touch if you have a podcast you'd love to shout about or to find out how to advertise in a future issue.

In the meantime we hope you enjoy the mag and we'll see you with Issue #030 in December.

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“OUR LOVE OF TOAST IS WHAT BLENDED US TOGETHER!”



STEP ONE: COMBINE ONE LEGEND OF THE AIRWAVES WITH ONE MICHELIN STAR CHEF. STEP TWO: ADD GUESTS. STEP THREE: LISTEN. A SIMPLE YET NOURISHING RECIPE FOR ONE OF THE BEST NEW PODCASTS OF RECENT YEARS. WE CAUGHT UP WITH **NICK GRIMSHAW** AND **ANGELA HARTNETT** TO DISCUSS THEIR APPETISING SHOW **DISH**...

PB: TELL US ABOUT YOUR SHOW! WHAT WOULD BE YOUR PODCAST ELEVATOR PITCH?

Angela Hartnett: *Dish* is a podcast about food and entertaining, I do it with Nick Grimshaw, obviously, who's just incredible. We interview guests as if they're coming to our house for dinner and it's literally set up like that, you know. People come and they have a great dinner!

Nick Grimshaw: My succinct elevator pitch would be something along the lines of: *Dish* is Angela and I hosting a very fun dinner party for a very special guest.

HOW DID YOU KNOW EACH OTHER BEFORE THE SHOW AND HOW DID THE IDEA COME ABOUT?

AH: The idea I think was done by S:E Creative Studio, who run the podcast, and Nick, they

came together and decided to see who was out there [as a possible co-host]. My name was put forward, they approached me and then it seemed to work!

NG: I really wanted to do something that was reflective of what age I am right now, less going clubbing and more wanting to host dinner parties and have people round for food.

AH: We then went on a speed dating thing, I didn't realise but it was an interview really, to see if we got on. We got on really well and



Broadcaster Nick Grimshaw and Michelin star chef and restaurateur Angela Hartnett invite you to join their weekly dinner parties for more riotous fun and hilarious, unfiltered chat.



then our love of toast is what blended us together! Match made in heaven.

NG: Basically, I had a speed date with Angela, we fell in love, and the rest is history.

COULD YOU TEASE US WITH ONE OR TWO OF YOUR FAVOURITE GUEST MOMENTS SO FAR?

AH: We've got Miriam Margolyes coming up, the fact that she's going to talk on *Dish* and fart on *Dish* is just brilliant. Actually I'm slightly intimidated by her! If she doesn't like the food she will not hold back.

NG: I really enjoyed Stanley Tucci coming round, he made me wear a very special shoe choice. He also liked the cocktail that I made him which was a HUGE moment.

AH: Cooking for Gordon Ramsey is always a thrill, he's our first episode of Series 4. I love the fact that he loved Nick and they got on so well.

NG: I was always desperate to get Gordon on because of his and Angela's history. Of course, for his interesting character as well. But I just love the history of him and Angela.

AH: Oh and Richard Corrigan nearly bruised Nick and I, when he tells a story he's always slapping your arm, we both came away black and blue!

NG: I also loved when we did the Christmas specials at my house and Angela set the fire alarm off about eighteen times. Seeing Hugh Bonneville in my living room next to my Christmas tree was mad.

AH: Everyone just sees Lord Grantham.

EATING AND TALKING INTO A MICROPHONE DON'T ALWAYS GO WELL TOGETHER, WHAT'S DISH'S SECRET TO MAKING IT WORK?

AH: Nick asks the guests a big question, then

while they're doing a big answer Nick and I can eat. To be fair, I think Nick struggles more than me because he's the main interviewer. When I'm preparing the food I get to nibble so I always give myself a much smaller portion because I've had small tastes already.

NG: The secret is that at *Dish* we have two mics. Each person has two mics so they must do some wizardry in post-production so you don't hear the chewing. Eating sounds ick me out, I hate the sound of it, but you don't really get it on *Dish*. Sometimes we just have a break and say 'let's eat' because it's delicious and we want to dig in.

AH: Also the food isn't superfluous on *Dish*, it's part of it. I don't tend to emphasise it enough and I should.

DO YOU HAVE A DREAM DISH / GUEST COMBO THAT YOU'D LOVE TO FEATURE?

NG: I would like Stanley Tucci, Alan Carr, Graham Norton, Cardi B and Rihanna. I'd get Angela to cook, obviously, and I think I'd choose a chicken and leek pie that she did on the pod once.

AH: For Mary Berry, yeah. I tell you who I would love is Chris Evans, he came on before and he was absolutely brilliant, but I would love to have had him on the podcast with Terry Wogan and Graham Norton. I think those three together are just fascinating, all can tell a story, great raconteurs – let's throw Miriam into the mix as well, she's amazing.

NICK, WHAT'S THE MAIN FOOD RELATED THING YOU'VE LEARNED FROM ANGELA?

NG: Don't stress out about it, it's only a bit of food! Invaluable advice, no one coming round for tea is expecting Michelin star food, they just want a nice time. It's more

important, I think, that you're a good and friendly host rather than trying to perfect something you've never made before.

AH: I also think, with dinner parties, people are generally very pleased when someone makes an effort for them. It's very rare that people will come over and then be ungrateful.

ANGELA, WHAT TIPS ON BROADCASTING HAVE YOU PICKED UP FROM NICK?

AH: It's a hard one because it's not my thing at all. A good one is not to tap on the table when people are talking, I also fidget a lot which isn't good. I realised both of us kept having a conversation with guests and were trying to keep engaged, but what they didn't need to hear is us going 'yeah', 'yep', 'yeah', which you would normally do. So I've learnt to do a lot of nodding, appreciative nodding.

FINALLY, WHICH PODCASTS AWAY FROM THE WORLD OF FOOD HAVE YOU BEEN ENJOYING RECENTLY

AH: I do love *The News Agents* with Emily Maitlis and *The Rest is Politics*. They do a great job on *Off Menu* as well. I like podcasts about stuff, I'm listening to one about Formula One and the crime involved.

NG: I'm usually listening to music. But *Desert Island Discs* I love, if I know the guest or if I don't know the guest. I love hearing someone's life and the songs that soundtrack them.

AH: I'm amazed you haven't done that yet.

NG: I know! Rude.

WHAT'S A PODCAST?!



A QUICK RUN DOWN ON WHAT A PODCAST ACTUALLY IS AND HOW YOU CAN START LISTENING!

A podcast is a digital audio file made available on the internet for downloading or streaming to a computer or an alternative device such as a phone. To be a little less clinical, it's essentially a radio show that you can listen to wherever and whenever you choose without being interrupted by regular weather bulletins or travel updates.

access to extra content for a small fee but 99% of podcasts are available for you to listen to on demand for nothing at all.

There are literally millions of hours of top quality content out there for you to explore - so what's stopping you?!

SO HOW DO I LISTEN?



If you're an iPhone user then the Apple Podcasts app should already be on your phone. The same applies for the Google Podcasts app on Android phones. Within these apps you can search for and follow shows so that the latest episodes will be downloaded to your phone without you having to seek them out.

Right now there are over 2.4 million different podcasts with over 66 million episodes in 100 different languages available to listen to. These range from highly produced shows recorded in professional studios by major broadcasters to rough and ready homemade shows recorded on a laptop in someone's bedroom. If you have a phone or a computer and an internet connection, you can make a podcast, making it one of the most democratic mediums around. Is it time to see what all the fuss is about?

HOW MUCH DO THEY COST?

Nothing! They're absolutely free which makes them one of the most accessible forms of entertainment around. Many of the larger podcasts will feature adverts and some offer

If you have a Spotify account you can use it to listen to the majority of podcasts, including shows that are exclusive to the platform. The Audible app can be used to listen to Audible original podcasts. There are a number of other podcast apps available to download such as our personal recommendation, Pocket Casts.

If you're on a desktop computer then you can use the Spotify desktop application (which is also available in your browser) the Acast website or the Audible Cloud Player. Alternatively you can use iTunes or go direct to the website of the podcast you want to listen to.

Finally, you can use your home smart speakers as a way to listen too. Just ask them to play you a podcast and go from there!

THE NEW TESTAMENT //

RECENT EPISODE HIGHLIGHTS

SARA & CARIAD'S WEIRDOS BOOK CLUB

I'M A FAN BY SHEENA PATEL WITH NISH KUMAR // AUG 2023

ARTS

44m



Book clubs always sound like a good idea until you're actually in one, and you're hurrying to someone's house while desperately trying to get to finish chapter three and hoping you can busk it from there. Sara Pascoe and Cariad Lloyd are similarly disinclined to do the book club thing, so they've set up one for people who don't do book clubs, and invited celeb mates along. First up was Nish Kumar, who gets into bad boyfriends and Instagram via Patel's relationship drama. Fun, silly, and makes you want to read.

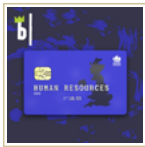
HUMAN RESOURCES

INVENTING RACE // SEP 2023

HISTORY

39m

Now in its third series, *Human Resources* continues to take a nuanced look at Britain's involvement in the transatlantic slave trade. This episode moves away from more tangible gains of trading (like money, chocolate, pubs...) and instead explores race as a concept. We hear how 'scientific racism' developed, in part to justify the trading of humans. But the show also touches on aspects such as class and the racialising of other identities - such as being Irish - all for the benefit of the powerful.



THE REST IS FOOTBALL

ENGLAND COACHES, PLAYER LOYALTY & GARY'S MANAGEMENT OFFER // SEP 2023

SPORT

40m



The Rest Is Football is the latest chart topping show from Goalhanger Podcasts, the company behind *The Rest Is History*, *The Rest Is Politics* and the also new *The Rest Is Money*. Gary Lineker (one of Goalhangers founders) is joined by Micah Richards and Alan Shearer to bring opinion and inside knowledge on the world of football, both past and present. This episode from the recent international break delves deep into the England management situation and a succession plan for Gareth Southgate.

THEY LIKE TO WATCH

JESSE ARMSTRONG AT THE EDINBURGH FRINGE // AUG 2023

TV & FILM

55m

Despite having just put away their extremely puffy Tom Wambsgans-style gilets and power pant suits after *Succession* wound up, Sara Barron and Geoff Lloyd – who were formerly *Succession* pod *Firecrotch and Normcore* – managed to get a hold of their shared obsession's main man for a chat at their Fringe live show. They obviously know their stuff and can wheedle all sorts of creative insight out of Armstrong, but the real magic starts when he learns about the sheer amount of Cousin Greg-Tom erotica out there.



REAL SURVIVAL STORIES

MOUNTAIN BLIZZARD: STUCK IN A SNOW CAVE // AUG 2023

HISTORY

45m



There's a special kind of scary which is reserved only for stories about people getting stuck on mountains and fighting for their lives, and Mark Inglis' is a doozy. In 1982, the 23-year-old Inglis and a friend were climbing the highest peak in New Zealand when they were trapped in a snow cave by a blizzard. Three days later, they were still stuck, and needed to escape before they succumbed to a million different dangers on the mountainside. It's all very soberly told by Mark, with subtle sound design to draw you in.

INFAMOUS INTERNATIONAL: THE PINK PANTHERS STORY

HEIST AT THE WAFI MALL // SEP 2023

TRUE CRIME

30m

A string of burglaries at some of the most exclusive jewellery stores in Dubai would be a splashy enough caper for any gang of criminals, but the three young thieves who started snatching valuables had a particularly strong sense of theatre: they used wigs and costumes, speedboats, blowtorches and grenades. The story leads from Dubai to Monaco, Paris and London, and into the darker sides of the Serbian city Nis, which became a hub for illegal activity after the Yugoslav War.



NO SUCH THING AS A FISH

492 // NO SUCH THING AS YORK MINSTER CRISPS // AUG 2023

COMEDY

58m



The venerable institution that is *No Such Thing as a Fish* meets another hoarder of arcane and Pointless knowledge in the teatime TV sidekick turned murder mystery titan Richard Osman. In this live episode he reveals that a tiny error in one of his books – in which he asserted that Tunbridge Wells has a Waitrose when, incredibly, it doesn't – has turned into a festering feud, and an impromptu game of Play Your Celebrity Walking Sticks Right breaks out. Delirious nonsense.

DON'T JUST TAKE OUR WORD FOR IT...

EACH ISSUE WE BRING YOU A ROUND-UP OF THE **AUDIBLE ORIGINAL PODCASTS** OUR MEMBERS ARE LOVING AND PRESS ARE BUZZING ABOUT TOO. WITHOUT FURTHER ADO HERE'S OUR MEMBERS ON THEIR FAVOURITE LISTENS...



FROM THE OASTHOUSE: THE ALAN PARTRIDGE PODCAST (SERIES 3)

Alan returns to the bloated whale that is the modern podcasting industry (come on though, it clearly is) for series three of From The Oasthouse, offering a glimpse into his personal life so intimate it is unlikely he would ever have done so were it not a contractual obligation. Join him as he toasts the arrival of a new grandchild, navigates relationship issues with his girlfriend neighbour, and attempts to track down a former soldier from Newcastle, a man he once knew, a man by the name of Michael.

"Comedy genius" Mr Corten

"Great Alan Partridge addition" Audible User



MO GILLIGAN'S SPOTLIGHT

Mo Gilligan's Spotlight is a brand new live stand-up comedy series hosted by the triple-BAFTA-winning comedian himself and featuring some the UK's most exciting comedic voices. Recorded at iconic South London venue, Up the Creek Comedy Club, this six-episode series has been specially hand-curated by Mo to showcase the best new names in comedy. Mo has scoured the stand-up scene to bring you his favourite acts, including the rising stars you need to know.

"Good for the Soul" Amazon User

"Hilarious" Anon



LOLLY ADEFOPE: FANMAIL

Lolly Adefope (Ghosts, Shrill, This Time with Alan Partridge) is regularly inundated by Fanmail. So what better way to reply, than via a podcast? Over the series she'll be reading out fan letters, solving fan problems, interviewing fans and celebrity fans alike - and asking important questions like 'why do you love me so much?' and 'what is it about me that you love so much?' Lolly Adefope's Fanmail guest-stars Aidy Bryant, Steve Buscemi, Steve Coogan, Brett Goldstein, Mae Martin, Diane Morgan, Charlotte Ritchie, Kiell Smith-Bynoe, Katy Wix and many more.

"Absolutely LOVED this!" Ms Hutchings

"One word: Wowzers trousers!" Amazon user



THE WORLD ACCORDING TO GRANDPA

What are stars? Who invented dogs? Why is chocolate so tasty? Join Grandpa and his grand-kids on a joyful audio adventure as he "answers" their curious questions with fantastical tales...more or less. Luckily his friend Halifax the rabbit is also on hand to help with the answers. The World According to Grandpa audio series features the wonderfully unique audio from the much-loved TV show, developed into an entertaining spatial audio production.

"Fantastic educational audiobook!" Anon

"Great" Amazon user

IF YOU LIKE THE SOUND OF THESE WHY NOT TRY THIS AUDIBLE ORIGINAL...



TOLD YOU SO

Lucie Redway knows one thing for certain: her best friend will have the most perfect destination wedding. She may not know if she'll still have her agony aunt column next month, or if her love life will ever be more exciting than a midnight swipe right, but Lucie would rather exhaust herself than let Stacey down on her Big Day. Not even Charlie, the insufferably attractive and hateful best man, can get in her way. Before the flight touches down in Spain, Lucie is hit with a curveball. Sat next to world-famous psychic Miranda Bloom, she's told she'll leave the wedding with the love of her life. Lucie's not sure she believes in fate, but is the one really somewhere on the seating chart? As the days are counting down to 'I do'. Will she recognise The One before time runs out?

"A great and easy listen" Kindle user

"Another book devoured in less than 24hrs" Ms Croft

LISTEN NOW. SUBSCRIPTION REQUIRED. SEE AUDIBLE.CO.UK FOR TERMS.

THIS PARANORMAL LIFE



IN EVERY ISSUE WE ASK A PODCAST DISCIPLE FIVE QUESTIONS ABOUT THEIR LOVE OF PODCASTS AND PODCASTING. FOR THIS ISSUE WE'RE JOINED BY **RORY POWERS & KIT GRIER** FROM **THIS PARANORMAL LIFE!**

WHY DO YOU LOVE PODCASTS?

Rory Powers: It's such an amazing form of creativity with almost zero barriers to entry. Anyone can start one, at any time, about anything, and because of that, you get to hear stories from people who would never get the chance to express themselves creatively in other industries. It gives people the power to take creation into their own hands. You don't need a studio, you don't need funding, you can do it yourself and most importantly you can do it your way.

Kit Grier: I once listened to a five-hour unedited podcast episode where the host and guests tripped on acid. Now, I'm not saying I want to listen to that again... but there is no other medium where that's even possible! Where anyone on earth can pick up a mic and make anything they want. There is a punk/DIY/grassroots energy to podcasting that I will always love.

WHAT WAS THE FIRST POD YOU EVER LISTENED TO?

RP: The first Podcast I listened to was *If I Were You*, an advice podcast hosted by comedians Jake Hurwitz and Amir Blumenfeld. These

two guys were a huge inspiration to me growing up and were one of the reasons I even got into comedy. When they started their show, podcasting was so new and fresh, it was so exciting to tune in every week and listen to new episodes. I immediately fell in love with how personal, raw and limitless podcasting felt. Cheesy, I know.



KG: *Hi My Name is Mark* all the way back in 2005(!) hosted by Mark Hoppus from Blink 182. Halcyon days!

WHICH PODCASTER MAKES YOU LAUGH THE MOST?

RP: Is it wrong for me to say my co-host Kit? As a comedian, the best person you can work with is someone who makes YOU laugh and I think one of the reasons why I've found so much joy in creating *This Paranormal Life* for 5 years. The way our brains work when it comes to improv and storytelling is so different, I feel like I'm always learning and growing when we're working together. He definitely didn't pay me to say this.

KG: OBVIOUSLY my co-host Rory Powers (did he say me?). We sort of share the same comedy brain now, but even so every week he catches me off guard with the wildest takes



and insights. BUT if that is cheating then second place is rapper and podcaster Danny Brown.

WHICH PODCAST HAS EDUCATED YOU THE MOST?

RP: As a creative, I've found a lot of inspiration and valuable advice on *The Writers Panel*. It's a podcast that talks about writing for TV and film and as someone who has always aspired to do both, I love listening to the industry chat and advice from the incredible guests they get on the show. It also motivates me to get my ass in gear and finish those screenplays. Netflix, get in touch.

KG: *The David McWilliams Podcast*. David is royalty in Ireland and rightfully so - he makes economics understandable and often hilarious!

CAN YOU RECOMMEND A SHOW OUR READERS MAY NOT HAVE HEARD OF YET?

RP: When I first started listening to podcasts I was always looking for shows that were pushing the boundaries and breaking the mold. However, over time I definitely started to crave more "junk-food" podcasts. That's when I discovered *This is Important*, a show hosted by the creators of *Workaholics*. It's podcasting in its simplest form, just a group of childhood friends being dumb and talking about their lives together. It's a great show for casual listening and, if like me, you get a kick out of being plugged into the world of movies and TV, there's a lot of good industry chat.

KG: *Regular Features* podcast is created by friends of *This Paranormal Life* who also happen to be some of the most twisted minds in podcasting. A podcast which changes every episode with no regular features at all. This show captures much of the chaos which made me fall in love with podcasting to begin with.

[@thisparanormalife](#) [@thisparanormallife](#)

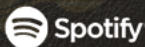
This Paranormal Life Live begins on 6th October in the US and UK, tickets on sale now. Grab your tickets at www.thisparanormallife.com/tour



HOW TO MAKE, MASTER & MANAGE MONEY



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Auddy spotlight

shows worth knowing about.....

AUDDY



How would you describe your show?

Empowering, proof-driven, inspiring, game-changing and informative.

What's been your game-changer moment?

Deciding to change my relationship with alcohol to be a better version of myself; not just for my own well-being but also for my little girls. It was a real eye-opener, making me acutely aware of how alcohol had a profound impact on various aspects of my life.

Which episode should we watch out for?

"How OYNB was created". This helps understand the mission and vision of OYNB, and the path I went through before starting this company.

What do the next 12 months hold?

Growth and transformation as we continue to be the leading podcast in the alcohol prevention space, enriching our content, delving deeper into alcohol-related topics and the science behind it all.

Why did you move Auddy?

Auddy's platform connects us with valuable partners who share our vision for podcast growth & success. It's a strategic move that aligns perfectly with our goals & allows us to focus more on creating content while still reaping the benefits of a thriving podcasting ecosystem.

What are you listening to right now?

I'm a big fan of Professor David Nutt's podcast, **the Drug Science**. Also the **Huberman Lab & Diary of a CEO**.



How would you describe your show?

Authentic, filter-free, funny, thought-provoking and relatable.

What's been your game-changer moment?

Looking down the barrel of 60.

Which episode should we watch out for?

Might seem strangely out of context but the one when my co-host Karen finally tries the vulva oil I gave her.

What do the next 12 months hold?

We have some great celebrity names lined up as well as some fascinating stories of how different people tackle the Big 6-0.

Why did you move Auddy?

I can talk to Auddy and have a productive conversation about where we are going. Vanishingly rare these days.

What are you listening to right now?

Andi and Miquita Oliver **Stirring It Up**.

What's your dream brand collaboration for the podcast?

I want to team up with brands who truly know, and understand, the 55+ demographic rather than pigeon-holing them

Auddy is inspiring and engaging audiences through audio.
Supporting creators, creating branded content and private podcasts.

AUDDY.COM

BREAKING BREAD //

WITH **■Stak.**

IT'S OFFICIALLY SPOOKY SEASON!

TO CELEBRATE, JOIN *CLASH OF THE TITLES* FOR A FULL MONTH OF SCARY MOVIE CLASSICS THIS SHOCK-TOBER!

'Tis the season to be SPOOKY - and while you're deciding what costume you're going to halfheartedly wear to your mate's halloween party, Clash of the Titles are dedicating the whole of October to the scariest corners of cinema. Every week Alex Zane, Chris Tilly, and Vicky Crompton will put two scary movies head-to-head and see which one pulls the other limb from limb as they dive into all their cobwebbed nooks and crannies. It's a test of terror between two frightening films, and only one can be crowned victorious!

Clash of the Titles have celebrated Shock-tober since its inception over four years ago. From an epic battle between Stephen King's masterpieces *The Shining* vs. *Doctor Sleep*, to zombie showdowns like *Shaun of the Dead* vs. *Zombieland*, the gang don't shy away from the epic scope of the horror genre.

And this year is no different! But, even if you normally hide behind the sofa when any creepy soundtrack comes on, Clash has got you covered. They'll let you know what to expect and always bring a hilariously infectious energy to every movie match-up.

To celebrate the halloween season, we put the Clash gang through a scary head-to-head, full of

cinema classics and halloween horrors. Let's see how they do!

SO, FIRST OFF: DRACULA VS FRANKENSTEIN?

Vicky Crompton: Can you dine-and-paso-doble with Frankenstein? Probably. But Dracula would pay for dinner - so, Dracula.

Alex Zane: Dracula - I've never really got Frankenstein. But right from The Count on Sesame Street to Christopher Lee's Hammer films to Gary Oldman's accent, I've enjoyed Dracula.

Chris Tilly: Dracula. Because he's bloody Dracula!

CUTE, SCARY OR FUNNY COSTUME?

VC: The last time I dressed up I was a prawn cocktail so I think my feelings are clear.

CT: Scary Costume. I dressed as 'The Birds' once and it didn't scare anyone. But at least I tried.

AZ: Impossible to answer. I went as Zombie Cher from the movie *Clueless* last year. Zombies are scary but Cher from *Clueless* is funny... I guess Zombies are scarier than Cher is funny, though... so Scary.

STEPHEN KING VS MARY SHELLEY?





AZ: Stephen King – One word. Two letters: IT. That book delivered one of cinema's best ever horror villains in Tim Curry's portrayal of Pennywise. (Although Bill Skarsgård is great in the new ones too).

VC: I love Stephen King but he did not bone Percy Shelley in a graveyard, and Mary Shelley did.

CT: Stephen King. Frankenstein is a masterpiece, but Stephen King is my favourite author, so no contest.

CREEPY ROCKING CHAIR VS SPOOKY NURSERY RHYME?

VC: This is a scary grandma vs scary children question and children are swift, fundamentally unpredictable and in possession of powerfully dark natures. Nursery Rhyme!

AZ: Nursery Rhyme... I point you in the direction of Nightmare on Elm Street. "One, Two, Freddy's coming for you. Three, Four, better lock your door..."

CT: Spooky Nursery Rhyme. Exactly what Alex said!

PENNYWISE VS THE BOOGEYMAN?

VC: I honestly saw the friendliest looking man on the tube the other morning with a very realistic Pennywise tattoo on the back of his hand and then I was a bit upset for the rest of the day... Pennywise by a mile!

AZ: Pennywise. As outlined above. He's the GOAT of horror villains. 'They all float down here...'

CT: Pennywise. Not sure who the BoogeyMan is, but definitely know who Pennywise is.

HALLOWEEN NIGHT IN VS HALLOWEEN NIGHT OUT?

VC: Both! Out trick-or-treating, then in to slyly remove 25% of the sweets from the children's haul and have for myself.

CT: Halloween night out. Though people have stopped inviting me to Halloween parties, so if anyone's got space...

Don't miss Clash of the Titles' Spooky Season this Shocktober! Listen and subscribe wherever you get your podcasts. ink.to/clashpod

— stakpod stakpod —

Stak produces podcasts that entertain and inform, including some of the UK's biggest and most popular shows - boasting a combined 4 million monthly listens and over 45 years of podcasting experience. Whether recording remotely or in our broadcast-grade London studio, we specialise in every stage of the podcasting process. To find out more or get in touch, visit our website at stak.london!

CONTINENTAL FOOTBALL FLAVOURS!

ON THE CONTINENT IS YOUR DEFINITIVE GUIDE TO THE BIGGEST STORIES ACROSS EUROPEAN FOOTBALL.

On The Continent is the one-stop shop for all the European football knowledge you need. From the makers of Football Ramble, *On The Continent* dissects the latest football headlines from across Europe and delivers a deep dive into all aspects of the game. The podcast is led by broadcasting legends Andy Brassell (The Guardian, talkSPORT & Sky Sports) and Dotun Adebayo (BBC 5live) who welcome a range of European football experts onto the pod every Thursday.

And, with a new season comes a new show! Every Friday, the team answers your questions on 'Ask OTC'. So, if you want to know more about the next generation of superstars or if you're planning a European football adventure and need travel tips, they've got you covered!

So to get a taste of all that and to celebrate the penultimate round of qualifiers for Euro 2024, we thought we'd ask Andy Brassell what he thinks about the tournament next summer. Over to you Andy!

HI ANDY! SO WHO HAS IMPRESSED YOU MOST IN QUALIFYING THIS YEAR?

It has to be Scotland. The less a team qualifies the harder it becomes to qualify with the seeding system, so for the Scots to win their first five matches in a group containing Spain and Norway is extraordinary.

WHO IS GOING TO BE THE DARK HORSE?

I've had my share of stick from listeners (and fellow hosts too!) by flagging that Turkey had the players to do well in Euro 2020 (they didn't), so I'm not going down that road again! Hungary have greatly improved in recent years and in Liverpool's Dominik Szoboszlai, they have a bona fide superstar in their midst.

WHO IS THE ONE PLAYER READERS MIGHT NOT BE AWARE OF WHO COULD LIGHT UP THE TOURNAMENT?

Maybe Benjamin Šeško of Slovenia. He's a big centre-forward who Manchester United were very interested in before he opted to go to RB Leipzig instead.

WHICH TEAMS SHOULD ENGLAND BE MOST WORRIED ABOUT?

France, obviously. Not only do they have Kylian Mbappé but they have great strength in depth as they showed at the World Cup.

AND LASTLY... WHY SHOULD PEOPLE SUBSCRIBE TO THE NEW OTC FEED BEFORE THE EUROS?!

As well as covering the big names and big games, here at OTC we pride ourselves on really getting under the skin of subjects and taking the chat in interesting and entertaining directions. Dotun Adebayo and I have such a great range of voices with expertise from all over Europe



joining us, so you'll be covered whichever way the tournament twists and turns. You'll have a wide palette of original takes to pass off as your own in the pub!

Go and listen to On The Continent now - bigger and better than ever on its brand new feed! Search On The Continent in your podcast app to subscribe and listen now!

THE ONLY CELEBRITY INTERVIEW PODCAST YOU NEED!

WHITE WINE QUESTION TIME BRINGS THREE GLASSES OF WINE AND THREE THOUGHT-PROVOKING QUESTIONS

There are so many celebrity interview podcasts out there. You can find plenty featuring interesting guests and hosts who put you totally at ease - you can find plenty more which... don't.

But what's often hard to find is a truly original conversation that leaves listeners feeling like they've spent an authentic hour in someone's company. It's about looking at the stories beyond the headlines, past the social media posts and beneath all the bluster. White Wine Question Time, hosted by renowned broadcaster Kate Thornton, does exactly that.

Any famous celebrity might interest people enough to hit play on an episode, but they'll stick around for its entirety if the guest is comfortable, the host is knowledgeable and the dynamic between them is authentic. White Wine Question Time has cemented itself as *the* podcast to listen to exactly those conversations. Since its inception in January 2019, it's hosted some of the biggest names around across over 250 episodes, including Alastair Campbell, Rob Brydon, Hannah Waddingham, James Acaster, Adam Hills, Laura Whitmore and loads more.

It's quite the array of guests, but that's what makes it the definitive celebrity interview podcast going. It's not about whoever's flavour of the month, pitching up half-arsed in the middle of a generic

PR run. Plenty of the show's guests you'll know, but there will be plenty you won't - and they've all got their own incredible stories to tell. They're not there to rehash old anecdotes or stay guarded.

Kate Thornton's knack for finding the heart of the story has been honed over her thirty-year career as a journalist, which included becoming the youngest ever editor of Smash Hits magazine at just 22 years old. And, after hosting an array of the biggest TV and radio shows in the UK over the past two decades, she's seen it all. No wonder that she can make such a variety of guests feel at ease - and that rapport between them is what keeps listeners coming back in their millions.

The show has always been at the forefront of pop culture - whether it's Ted Lasso's Hannah

Waddingham giving the inside scoop on how she's ended up on some of the biggest TV shows in the world, or comedian Joe Pasquale making national news after telling Kate he'd nearly fatally impaled himself on a moose antler not 24 hours previously. Yep, that really did happen.

Sounds like your sort of chat? Then settle in with Kate, three glasses of wine and three thought-provoking questions on White Wine Question Time. Just search 'White Wine Question Time' in your podcast app to subscribe and listen now!

lnk.to/whitewinequestiontime



THE SCRIPTURES //

PODCASTS WITH BACK CATALOGUES THAT ARE ALL KILLER, NO FILLER

SOME PODS YOU DIP IN AND OUT OF, OTHERS YOU LISTEN TO RELIGIOUSLY. HERE'S OUR LATEST SELECTION OF PODCASTS THAT ARE WELL WORTH YOUR SUBSCRIPTION.



THE GIRLFRIENDS

TRUE CRIME

One of those occasional podcasts which has such a delicious premise that it feels like a sure thing before you've even started, and yet which manages to outdo itself. Back in 1995, a man named Bob turned up in Las Vegas. He was charming and dishy, and popular with the ladies. He has a few girlfriends, none of which work out. But then Bob's exes start talking to each other. Did something seem a bit... strange about Bob to you?

WATERLANDS

There's a lot of lovely nature podcasts around, and the Wildfowl and Wetlands Trust's is one of the loveliest. The first series was loosely themed around how humans have changed wetlands in the UK; the second begins with a look at the miniature worlds which many of us have in our back gardens or near our homes: the humble but vibrant pond. This is a meditative little thing, full of awe and excitement, and rightly nominated for a British Podcasts Award this year.

SCIENCE & NATURE



FUNNY CUZ IT'S TRUE /w ELYSE MYERS COMEDY

If there's one natural resource which podcasting cannot live without, it's anecdotes. The anecdote industrial complex fuels podcasting, and here Elyse Myers – who went viral on TikTok after getting stuck buying a hundred tacos on a first date – goes deep on a few particular anecdotes which changed her guest's life. They're all funny, though often only after the years have softened some genuine horrors. The interesting bit is the different ways people have come to terms with them.



AD LUCEM

FICTION

This QCODE drama starring Chris Pine and Olivia Wilde leaps into the near future to freak you out with a thriller about an AI which, in the classical AI style, goes rogue and threatens humanity. It's New York City in 2032, where digital assistant CARA – the Corporate Augmented Reality Assistant – has become an essential part of life. It's no Alexa: CARA anticipates your wants and needs, which sounds nice, but also to “maintain the thread of human connection,” which sounds ominous.

NEW VOICES

The National Theatre's New Views programme has been running for a decade now, giving teenagers a platform to put together half-hour plays with a professional writer. Now Audible has helped some of those teens adapt their work as radio plays, and has 10 of them in its back catalogue. They run the gamut from fragmentary vignettes set during the Kosovan War to explorations of living with autism, and from suburban satire to epic Trojan tales of honour and duty.

ARTS



REMINDING YOU WHY YOU LOVE FOOTBALL SPORT

A football podcast with a difference. Join the team behind Mundial Magazine as they avoid the topical and instead delve deep into the many reasons most football fans fell in love with the game in the first place. Old kits, cult heroes, terrific haircuts, non league weirdness, long range screamers, unsavoury red cards and so much more in between. At a time when so much of our nostalgia is being sold back to us, RYWYLF offers it up on a plate for free. Dig in.

FOLK ON FOOT

Mixing live music and a good wander through nature, Matthew Banister's amiable podcast features very well recorded sessions with folk musicians and interviews while exploring the countryside which inspires them. One particular high point is Katherine Priddy's tribute to Nick Drake, singing two songs at his graveside near to her home in the West Midlands, and Banister's mammoth 186-mile walk from Hampshire to Suffolk to raise money for the charity Help Musicians.

MUSIC



THE PROBLEM WITH JON STEWART POLITICS

A spin off from the Apple TV+ show of the same name, political satirist and comedian Jon Stewart uses his podcast to extend the conversation, add more nuance, and discuss topics that didn't make the show. Jon brings his comedic twists to the discussions that matter most to us, leaving no subject off the table and not being afraid to linger on the more challenging aspects of today's news landscape. Come for the comedy, stay for the articulate and well considered rants.

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PLYMOUTH ARGYLE //
GREEN & WHITE



QUEENS PARK RANGERS //
W12 PODCAST



ROTHERHAM UNITED //
NEW YORK TALK



SHEFFIELD WEDNESDAY //
THE WEDNESDAY WEEK



SHEFFIELD WEDNESDAY //
WEDNESDAY 'TIL I DIE



SOUTHAMPTON //
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SWANS CAST



WATFORD //
DO NOT SCRATCH YOUR EYES



WEST BROMWICH ALBION //
ALBION ANALYSIS

Listen to these podcasts on your favourite podcast platform or to find out more search talkSPORT Fan Network. If you are a podcast creator and want to get involved with the Network then please contact james.rowe@talksport.co.uk

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FOR THE LOVE OF POD //

ANNA BOGUTSKAYA



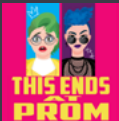
THE AUTHOR, CRITIC, FILM PROGRAMMER AND PODCASTER PICKS OUT HER CURRENT TOP 5 SHOWS...



1

THE LOLITA PODCAST

I could easily add any of the Loftus audio oeuvre here but I keep coming back to this one. A ten-episode, one-woman exploration of the cultural footprint of Nabokov's *Lolita*, it is the best piece of cultural criticism I've encountered in any medium.



2

THIS ENDS AT PROM

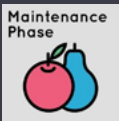
Wives BJ and Harmony Colangelo revisit and analyse beloved teen girl movies from the perspective of cis and trans womanhood. They're smart, incredibly funny, insightful and warm chat challenges our nostalgia about the movies we all remember.



3

STILL PROCESSING

Inactive for a while now, I often still revisit old episodes of this New York Times culture podcast helmed by two of the most incisive critics working today. They cover books, movies, TV. No episode has the exact same format, but their insights are always incredible to listen to.



4

MAINTENANCE PHASE

Journalist Hobbes (of *You're Wrong About* fame) and author and fat activist Gordon tackle the wellness industries, health, scammers, media and more. Each episode is deeply researched, very accessible and absolutely hilarious. Come for the extreme researching, stay for the banter.



5

YOU MUST REMEMBER THIS

I've been listening to this podcast since the very beginning, almost a decade ago, and it blew my mind wide open about what film criticism, history and audio could do together.



Anna's new podcast *EERIE* is an 8-episode anthology audio series of original horror stories from some of the most exciting contemporary voices in horror, pulled from literature, film & TV. Featuring eight stories written and performed by leading voices in the horror genre, the first episode was released on October 2nd, with new episodes released twice weekly in the lead up to Halloween. Produced by Brock Media.

THE OLD TESTAMENT //

CLASSIC EPISODES FROM THE PODCAST ARCHIVES

NORMAL GOSSIP

S1 EP8 // SPOT THE SCAMMER // FEB 2022

COMEDY

1h 4m



Sharing the most appalling scandals, ludicrous situations and banal nonsense which happens to people you'll never meet, Claire Fallon and Emma Gray have reclaimed the idea of being a gossip and reminded us that, yes, sometimes it's just enormous fun to hear about other people's misfortunes. Frankly, it's better you go in not knowing anything about this barnstormer of a finale to the first series, but suffice to say a post-college girls' trip to South-East Asia does not go to plan.

STUDIO CANAL PRESENTS - THE PODCAST

4 // TOTAL RECALL AND TERMINATOR 2 // SEP 2022

FILM & TV

32m

Ex-Den of Geek editor Simon Brew hosts this monthly, and he's joined by Empire editor Nick De Semlyen, author of *The Last Action Hero: The Triumphs, Flops, and Feuds of Hollywood's Kings of Carnage*, to talk about the two big action hits of 1990. It's full of mad details, including the fact that Sylvester Stallone got involved in *Stop! Or My Mom Will Shoot* because Arnie put out a rumour saying that he was interested in the role, just to mess with Sly's head.



THE HEART

MEAT // AUG 2017

SOCIETY & CULTURE

41m



This is a pretty floaty, conceptual one from American indie network Radiotopia's *Podquest*: it brings together personal essays along the broad theme of "our bodies versus the world," and each time explores the ways that these fleshy frames transport us through the world, and what the world makes of them. Here, Jonathan Zenti remembers being dragooned into getting muscly and awkward as a 13-year-old ballet dancing boy, and working out what kind of a young man his body demanded he become.

DAN CARLIN'S HARDCORE HISTORY

59 // DESTROYER OF WORLDS // JAN 2017

Nobody tells history like Dan Carlin. Quite literally: his growling diction and storytelling catchphrases are totally unique. There are few hosts who research and pull together grand narratives like him either. His series can take only marginally less time to get through than it would have done to live through the entirety of the Mongol Empire, but if you're looking for some post-Oppenheimer nuclear history then this telling of the early years of the atomic age clocks in at a relatively sprightly 5 hours and 49 minutes.



HISTORY

5h 49m

DESERT ISLAND DISCS

THOM YORKE // SEP 2019



Fans of Radiohead will know that Thom Yorke doesn't do many interviews. Often thought of as a withdrawn and socially awkward character, his appearance on *Desert Island Discs* revealed a relaxed and cheerful side that has rarely been on show before. The subject matter helps of course, with Thom speaking articulately about the music he loves. With tales from the early years of Radiohead mixed alongside more personal revelations, Lauren Laverne assists Thom in creating a real gem of an interview.

MUSIC

55m

WIRELESS NIGHTS

THE NIGHTCLUB // DEC 2015

Back before the recent Pulp reunion our premiere chronicler of the suburban demimonde, Jarvis Cocker, added to his 6 Music residency with this radio show and pod. A little like *Short Cuts*, it's effectively a compilation of short documentaries knitted together by Cocker's narration and a loose theme each time – but it's all about what people get up to at night. And where better to go out at night than Soho, where Cocker meets revellers including a singing waitress and a psychic mod.



SOCIETY & CULTURE

28m

RADIOLAB

OF BOMBS AND BUTTERFLIES // OCT 2021



A proper institution, *Radiolab* has been running out of WNYC in New York since 2002. This short documentary presented by longstanding main man Jad Abumrad and fresher face Latif Nasser is a classic *Radiolab* idea, “a big story about a little thing” as Nasser puts it. When ecologist Nick Haddad was called in by the army to save a rare butterfly at their base in Fort Bragg, he thought it'd be easy. By the time he'd dodged bombs and had to trick beavers, he began to realise it wouldn't.

DOCUMENTARY

42m

PODCASTS WITH A SOCIAL CONSCIENCE



JASON REED FROM LEAP UK & THE **STOP AND SEARCH** PODCAST SPEAKS TO THE PEOPLE BEHIND PODCASTS FROM THE CHARITY AND CAUSES SECTOR

I confess, this one is personal for me.

When I came across the podcast **Post-Exertional Mayonnaise (PEM)** I was delighted, and this is the beauty of podcasts - they're able to reach the people who need them. PEM is a podcast created by two people who have lived experience with the debilitating illness M.E, or Myalgic Encephalomyelitis to give its full title.

Dov Zellar and Daniel Moore set about creating a show for fellow sufferers, their support networks and family members, and indeed anyone who'd like to learn a little bit more from intimate perspectives. And yes, I myself have had M.E most of my life so it was a pleasure to catch up with Dan and Dov to hear more about their work. So, when exactly did they decide to start to podcast?

Dov and I (Dan) met online about 5 years ago. He had already been living with ME for some time and I was a number of months into my second bout of the illness, 20 years after

having largely recovered in my late teens. We chatted often in DMs and then started talking via zoom every couple of weeks. We often had quite interesting conversations about how chronic illness intersects with society as a whole and had been talking about starting a podcast as other people might like to listen to us. Despite living on separate continents and never having met in person, this April we decided to start our podcast journey.



With the health issues you have to navigate, how are you finding the process, has it been challenging, rewarding, hard work?

Possibly the biggest challenge has been to make sure that we don't put pressure on ourselves to put content out there. When we started we said we were going to produce podcasts 'regularlyish' and I think our listeners understand that episodes may not appear like clockwork because we're both largely housebound with an unpredictable condition. We have to be ready for either of us, or our guests to cancel at short notice, and

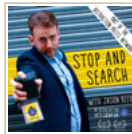
to carry a lot of empathy for our community. It has however been incredibly rewarding.

Why should listeners engage, what do they need to hear?

One thing we wanted to do was to provide a platform for people with ME who work creatively whilst living with an incredibly debilitating condition to share about their process and their work. Many of us use creativity as an outlet to express ourselves as we're restricted by the illness. Dov is an author and I make music when able and these outlets really help us. We also want to provide a space where we validate the experiences of people living with ME. It is a very isolating and stigmatised condition and we want to build an affirming community of people who find some meaning in engaging

with each other.

We recently received feedback from one listener who said that our podcast was like finding water in the desert. That's really our goal, to provide a sense of belonging to listeners and be a supportive voice. We aim to speak to a range of guests about life with ME and chronic illness and what our lives are like and how creativity helps and we want to explore how we try and make meaning whilst living with exclusion from society.



With a mix of live panel discussions, celebrity guests, policy experts and general inquisitiveness, **STOP AND SEARCH** discusses drugs, addiction, mental health and the media. Available on Spotify, Acast and all other platforms.



CHALLENGE:

To hold a fundraising concert for M.E/C.F.S in July 2024.

There are now estimated to be 1.25 million people living in the UK with M.E/C.F.S and 'post COVID' M.E/C.F.S.

No treatments, no cure.

We need biomedical research funding **NOW**.

Fundraising target:

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INDEPENDENT PODCASTS

WITH BIG BRANDS AND FAMOUS NAMES DOMINATING THE CHARTS, IT CAN BE TOUGH FOR INDIE SHOWS TO BREAK THROUGH. HERE AT POD BIBLE WE WANT TO ENSURE THAT WHILE CONTINUING TO CELEBRATE THE BIG GUNS, WE'RE ALSO CHAMPIONING THE INDIES. IN EACH ISSUE WE ASK INDIE PODCASTS TO GET IN TOUCH WITH A SHORT DESCRIPTION OF THEIR SHOW. HERE ARE OUR CURRENT FAVES...



CAN I FINNISH?

Can I Finnish? is a cultural exchange hosted by Brit Travis and Finnish Comedian, Inka. After Travis' move to Finland last year, he has gone on a quest for knowledge about his adopted homeland. Together the pair show-and-tell significant moments from their nations' histories.



SHE'S HAVING AN EPISODE

A podcast celebrating all of TV's best female characters, hosted by journalist Aisling O'Leary and screenwriter Lela London. Each episode focuses on a different character including Phoebe Buffay from *Friends*, Samantha Jones from *Sex And The City* and Julie Cooper from *The OC*.



BEHIND THE YELLOW TAPE

Sharing short stories of serious crimes, as well as interviews with people involved in the Criminal Justice System. Host and creator, J.A. Lovelock's background adjudicating in the Criminal Justice System gives the show an authority, but not at the expense of the storytelling.



SUSTO

Susto is a spooky pod about folklore from Latinx and Hispanic cultures! Each episode focuses on one legend and is split between a narrative portion and an analysis of cultural/historical context. Listen on any podcast platform or on SustoPodcast.com,



STRAIGHT TO THE COMMENTS

Do you find yourself jumping Straight to the Comments only to wonder why online threads are so addictive? Join Lisa and Sarah, two longtime friends, as they dissect online comments, discuss pop culture and examine how it impacts our lives.



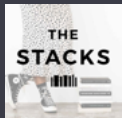
NO QUEST FOR THE WICKED

No Quest for the Wicked is a multi award winning TTRPG podcast currently running a homebrewed campaign using the Starfinder system. It focuses on the narrative and will appeal to fans of Adventure Zone, Dimension 20, and Firefly.



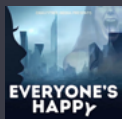
MAKES MILK WITH EMMA PICKETT

A companion to your infant feeding journey, this podcast explores how to get breastfeeding off to a good start (and how to end it) in a way that meet's everyone's needs.



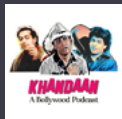
THE STACKS PODCAST

A podcast about books. It featured interviews with authors and book lovers, and a monthly book club. We use books as a lens to discuss culture, politics, and more. Past guests range from Quentin Tarantino to Samantha Irby.



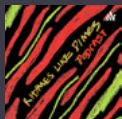
EVERYONE'S HAPPY

A dystopian sci-fi fiction podcast about a government-mandated drug called the Happiness Programme that eliminates negative emotions. When 17-year-old Parker inherits mysterious tapes from her grandma she embarks upon a perilous journey.



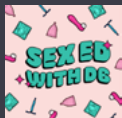
KHANDAAN

A podcast all about Indian cinema - we've got recommendations, we've got context, we've got gossip! Hosted by three 90s kids who truly love the movies, it's like hanging out with friends you didn't know you needed in your life.



RHYMMES LIKE DIMES

Rhymes Like Dimes is an exploration of all things hip-hop from both sides of the pond. Hosted by brothers Peter and Yemi Abiade and good friend Mohammed Yusuf, the podcast funnels humour and analysis into a genre all three love.



SEX ED WITH DB

Sex Ed with DB is a feminist podcast bringing you all the sex ed you never got through unique and entertaining storytelling, centering LGBTQ+ and BIPOC experts.

GOT A PODCAST YOU'D LOVE TO SEE FEATURED IN THE NEXT ISSUE?
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